## Baby and Toddler Group - Cafe In The Park

#### Overview:

All activities for baby and toddler groups should support a child's development which can include physical and cognitive development, communication and fine/gross motor skills. We would like to provide a service for individuals to join in with infants to support their growth, development and interaction.

# Target Audience:

We would like to give parents and carers an opportunity to come and join the local community hub with bringing their children aged **0-3 years** along to learn and explore through the activities we would provide, we find it equally important that parents can interact along with the children, they have a chance to chat and connect with other parents as this would be a massive help to bring the community together.

While doing research, we noticed that there aren't many baby and toddler groups around the local area. Over the past couple of months we have had a large amount of requests for a baby and toddler class within the cafe in the park as we have a lot of families visiting. Taking on board with what the community has been saying, we would like to provide a baby and toddler group to go ahead **Every Wednesday, 9am till 11:30 am** 

To make a difference in these baby and toddler classes, most groups are mainly stay and play, however we would like to make a difference by interacting with the children, this would be getting the group involved with team games ,to build friendships, story time, sing along nursery rhymes and much more. Another idea to include, is for one of these sessions a month we would like to implement SEN play. We think it's important to support children with special educational needs and allow them to explore different activities that we would provide. Many children with SEN prefer a quiet space, sometimes soft and relaxing music, attractive lights and sensory, we would like to have a chance to provide that for our local community.

### Activities we would provide:

Tuff Trays – Tuff Trays provide children to have an imagination and to independently explore and discover through messy play.

Drawing/ colouring/ painting – This gives children the ability to become creative and to discover the different colours and images which can also help develop hand to eye coordination

Interactive toys – interactive toys will benefit a child's development with the different light, sounds and textures and give them a sense of interaction with other children such as learning to share and playing together.

Story time/ Nursery rhymes – Reading and listening will impact a child's development with giving them the opportunity with learning about speech, sounds, words, language, pictures and books

Garden Play – Many children love being outdoors as it gives them plenty of areas to explore, it offers a chance for freedom and an exciting sensory experience.

Themed play weeks – we would like to offer a themed session each week which allows children to explore their imagination even more. Examples of this would be, building/construction, sea life, farm animals, safari ect.

#### Facilities:

We have a wide range of facilities to offer to everyone, these would be:

Tea and coffee facilities – Parents and carers would be able to help themselves to hot drinks with a member of staff being present.

Cooking facilities – Appliances for individuals that may need to access them, this could be for heating up baby food, making bottles etc.

Toilet facilities. We have a disabled and baby changing room toilet facility that members would be able to access.

Disabled access facilities – We have disabled access around the building, with ramps located at different entrances.

Room facility – We have a bright and spacious room to fit a number of people. It has access to a large garden space with double doors when the garden is in use depending on the weather forecast.

### Outcome:

We would love to provide our community a safe, enjoyable and educational service that families could attend to. We would like to kindly ask for £1000 to start this new journey. This would be able to go on items such as equipment/educational toys for the children, tea and coffee facilities for parents and carers and SEN equipment.